



**National  
Health Freedom  
Coalition**

**Annual  
Report  
2010**

***Promoting  
Freedom of  
Choice  
and  
Access  
In Health Care***



# A Letter from the President

## Marianne Lonergan Curtis

September 2011

Dear Health Freedom friends:

As important events impacting our health freedoms continue to unfold in our country, we are filled with gratitude to be working together with all of you to strengthen the voice of health freedom. Personal choice in health care decisions is in heated debate in the USA. At NHFC we know that if we can develop a strong voice of solidarity with all of our friends and colleagues across the country, the vision of true health freedom will manifest fully and healing systems will be transformed to reflect our true human natures.

The freedom to make health care decisions for one's self and one's family is a basic liberty that we must forever protect. In order to be in a meaningful conversation regarding our health we need to know the truth of the matter, and we need to have access to whatever information, practitioners, and treatments that we need to make the most beneficial decisions for our health.

Unfortunately, consumers continue to lose access to many health care practitioners and products. That is because laws get passed that reflect the dominant conventional medical drug-based model, which includes only very narrow consumer options. The investigation and detaining of medical doctors, dentists, homeopaths, naturopaths, and alternative practitioners of all kinds continues, even when there is no showing of harm, just because the treatments are innovative and not part of the conventional model. Dietary supplements and nutritious foods continue to be restricted or banned, even when there is no showing of harm, just because they are being used for prevention and cure of disease instead of using drugs. And drugs and vaccines that have incredible deleterious impacts on the population continue to be marketed and used.

Consumers are searching for information about the laws and about their rights and NHFC is hearing from them. Inside this report you will see a glimpse of the important work of our team.

We could not do this work without you, and we appreciate so much your participation and support. With your help we will continue to push for keeping health freedom in the forefront of the freedom conversation. Together we will continue working every day to maintain our freedom to access the health care practitioners, products and information upon which we depend.

Warmest Blessings for Your Good Health,

A handwritten signature in black ink that reads "Marianne Lonergan Curtis". The signature is written in a cursive, flowing style.

**Marianne Lonergan Curtis, CAMT, CFT**  
**NHFC – President**

# Our Core Work

## Responding to the Public

**NHFC responds daily to calls from around the country.** Calls come from citizens, practitioners, and manufacturers who are worried about losing access to natural health practitioners or products.

## Educating About Health Freedom

**NHFC educates citizens about health freedom** by phone, emails and in-person meetings. We travel to state capitols and grassroots venues, providing on-site presentations on health freedom principles, laws and public policies. We teach citizens how to best articulate health freedom concepts in public forums, and we provide an extensive informational website.

## Educating About Political Process

**We educate citizens on participation in the political process** by providing advocacy and lobbying training sessions. We help citizens start state health freedom groups, from the very beginning stages of incorporating, all the way through to their active stages where they are ready to implement effective projects to promote health freedom.

## Providing Timely Updates and Alerts

**Consumers are daily bombarded with information about health freedom issues,** and many look to NHFC for timely analysis on whether a particular event or happening will infringe on their health freedoms.

## Collaborating and Gathering with Other U.S. Health Freedom Leaders

**NHFC has long held the belief that if we work together we will have a stronger voice for health freedom.** Since 2001 we have hosted six national leadership conferences, bringing state and federal health freedom organizations and companies together to build solidarity in the freedom movement. We are daily in touch with health freedom leaders in small or large group conversations, and we host and manage a state leaders Yahoo group where state health freedom leaders can confidentially communicate with each other about key strategies and health freedom issues.

## Global Health Freedom

**As the world changes and globalization takes hold there are many health freedom issues impacting consumer options in health care.** The passage of the Codex Guidelines for Vitamins and Minerals is just one example of where the assumption that dietary supplements are dangerous drug-like products has manifested and transformed into an international trade guideline. NHFC has attended Codex meetings in Geneva and Rome and stays in contact with the US NGO representing US consumers at Codex, National Health Federation, in order to help strengthen the voice of health freedom internationally. NHFC hosted the World Health Freedom Assembly in 2006, which brought together 14 international health freedom organizations that drafted and endorsed the International Declaration for Health Freedom, signed by 18 international health freedom organizations.

### NHFC TEAM

JUDY BUOKER  
*Administrative Assistant*

LEO CASHMAN  
*Accountant*

JERRI JOHNSON  
*Public Relations Coordinator*

DIANE MILLER JD  
*Director of Law and Public Policy*

ANNE TENNER JD  
*Assistant Attorney*

ADVISORS  
PETER HALGASON  
LINDA PETERSSON  
DR. NORM SHEALEY  
WILLIAM LEE RAND

### BOARD OF DIRECTORS

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Herbalist*

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*Vice President*

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*V.E. Irons, Inc*

DIANE MILLER JD

# The Year in Review

## WINTER 2010 JANUARY - MARCH

- **For 10 years, National Health Freedom Coalition has given presentations and taught grassroots advocates across the country on how to participate in the political process to protect health freedoms.** In the 2010 state legislative sessions, seven groups that received guidance and coaching from NHFC went forward at their state capitols to initiate or block particular pieces of legislation that impacted health freedom: Colorado Sunshine Health Freedom Foundation, Colorado Springs Health Freedom Steering Committee, Maryland Health Freedom group, Minnesota Natural Health-Legal Reform Project, New Jersey Sunshine Health Freedom, Ohio Sunshine Health Freedom Coalition, Virginia Chapter of the CNHP (Certified Natural Health Practitioners), and Wisconsin Health Freedom Coalition.



Wisconsin Capitol, Madison

- **These groups became active in advocating for safe harbor legislation to protect consumer access to herbalists, naturopaths, homeopaths, and many complementary health care practitioners. They opposed** overly broad bills that would have restricted the rights of citizens to speak about nutrition, such as strict dietitian licensure bills, or massage bills that would attempt to block the right of citizens to do healing touch.
- **In March NHFC staff gave presentations at the Long Beach Health Freedom Expo** to educate the public on important health freedom issues on the state, federal, and international level, including UN Codex issues regarding dietary supplement guidelines and labeling issues for genetically modified foods (GMOs). At the NHFC booth many citizens signed up to keep informed of their health freedoms.



Clinton Miller at Health Freedom Expo

## SPRING 2010 APRIL - JUNE

- **NHFC provided expert testimony at legislative hearings and attended trials that deal with health freedoms.** Diane Miller, JD, NHFC Director of Law and Public Policy testified in the Ohio House of Representatives to inform legislators about what was taking place in other states regarding safe harbor exemption laws for unlicensed practitioners. Miller also attended the State V. Hartmann trials in Minnesota dealing with raw milk. NHFC supports consumer access to raw milk and consumers' use of raw milk as a whole and unadulterated natural food source, rich in vitamins, minerals, and immune transfer factors. NHFC supports creative solutions to ensure access, and does not support un-announced raids and hostile treatment of raw milk farmers, nor unnecessary restrictions on consumers that use raw milk.



Suzan Gingerich & Joe Bassett, Ohio health freedom leaders



Ohio Capitol, Columbus

- **The Chicago Health Freedom Expo is a high point in the year as health freedom activists come together to** share presentations and develop strategies for upcoming events to protect health freedom. Director Miller, and NHFA Board Member Clinton Miller both, provided presentations, and participated on panels attended by hundreds of consumers of natural health care. The NHFC team was also supported by fundraising advisor Deborah Ward and NHFA Board member Larry Hanus, pictured at right with Dr. Dan of [www.OnlineRehabClinic.com](http://www.OnlineRehabClinic.com).



Dr. Larry Hanus, DDS, and Dr. Dan

## SUMMER 2010 JULY – SEPTEMBER

- **On August 4th NHFC moved into its new larger, and environmentally sound, office space** with bright southeastern sunny windows. What a dream!
- **“Raw milk” politics was in the forefront as a huge issue in the summer of 2010.** When NHFC adds new areas of expertise to their quiver it goes in-depth and immerses itself. Regarding the access to raw milk issue, NHFC attended the Weston Price Foundation Raw Milk Conference, participated in public meetings, and researched the legal issues surrounding raw milk, both state and federally. The steps taken to gain a more in-depth understanding of the laws and public policies specifically on raw milk and to gain a deeper understanding of what consumers and farmers want regarding access to raw milk, were foundational in the even larger and ongoing work of discussing and recommending workable solutions to the problems surrounding consumer access to natural, organic, and raw foods.
- **To top off a busy summer our Director, Diane Miller JD, gave a visiting lecture to law students at Hamline University School of Law** in the Complementary and Alternative Medicine class taught by former Professor Cynthia Jesson, (now Minnesota Commissioner of Health and Human Services).



Kathryn Berg, Greg Schmidt, Nancy Hone, & Diane Miller, Minnesota activists

## AUTUMN 2010 OCTOBER - DECEMBER

- **Cambridge, England was the meeting place for Homeopathic Action Trust for 100 homeopaths from around the world.** NHFC Director Diane Miller and former NHFC Board Member Marylu Miller Peterson, RSHom, CCH, homeopath, were invited to attend and join the effort in setting the global vision for homeopathy. Their report back was one of wonder and awe as the Homeopathic Action Trust had led them in a three day interpersonal journey to develop and name the global vision for homeopathy in the world today. A stunning short documentary has been released reflecting this important meeting.
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Simon Taffler, Homeopathic Action Trust, Cambridge Conference



Marylu Miller Peterson homeopath participant in Cambridge, England



John Melnychuk, homeopath and founder of California Health Freedom Coalition
- **Autumn brought the passings of two of NHFC's close colleagues:** Dr. Ronald King, DDS, Minnesota mercury-free dentist and former Board Member of the Minnesota Dental Board of Examiners; and Attorney Sandra Duffy of Oregon, drafter and advocate for health freedom legislation in the state of Washington, and Director of Consumers for Dental Health. Dr. King and Sandra Duffy will be greatly missed and we honor their work and friendship that we have shared over these many years.
  - **The state of Colorado was important in the health freedom conversations of 2010,** culminating in a special meeting in Denver to enhance understanding among Colorado interest groups on the benefits and working of safe harbor legislation protecting consumer access to natural health care practitioners. Director Miller was invited by Colorado Sunshine Health Freedom, and Colorado Springs Citizens for Health Freedom, giving presentation to Colorado Department of Regulatory Agency leaders, Colorado Medical Society representatives and special health interest lobbyists.



Jackie Pinkham of Colorado Sunshine Health Freedom Foundation and Diane Miller NHFC



# NATIONAL HEALTH FREEDOM COALITION

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E-mail: [info@nationalhealthfreedom.org](mailto:info@nationalhealthfreedom.org)  
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## *Board of Directors*

Marianne Lonergan Curtis, President  
Leo Cashman, Treasurer  
Barbara Ford  
Robert Irons, PhD.  
Jerri Johnson, Vice President  
Diane M. Miller JD

## 2010 National Health Freedom Coalition

### Statement of Revenue & Expense - 2010

REVENUE:	
Grants (matching)	48000
Grants, other	23000
Contributions	
-matching	33876
- year end	2610
- other contributions	<u>2575</u>
Total, Contributions	39061
Memberships	530
Interest revenue	<u>14</u>
TOTAL REVENUE	110605
EXPENSE:	
Wages	28188
Payroll Taxes & benefits	2540
Contracted services	21438
Supplies, merch fees, food	4724
Telephone	1905
Information technology/ on-line	193
Postage	1047
Rent, space	2095
Utilities	1092
Printing, copying, newsletter	1165
Travel, lodging, transportation	5062
Vehicle repairs, insurance, other	1416
Depreciation	311
Insurance, general liability	372
Filing fees, services charges	81
Conference expense	154
Grant to National Health Freedom Action	<u>3778</u>
Total Expense	75561
Net, Revenue over Expense	35044

### Balance Sheet - December 31, 2010

ASSETS	
Checking	42334
Misc Receivables	7150
Security deposit	500
Total Current Assets	49984
Fixed Assets:	
Vehicle	8000
less: Accum Deprec	-8000
Equipment	1557
Accum depreciation	-467
Total Fixed Assets	<u>1090</u>
TOTAL ASSETS	51074
LIABILITIES (all current)	
Payroll taxes owed & accrued	1928
Accounts payable	1317
Wages payable	<u>245</u>
TOTAL LIABILITIES	3490
NET ASSETS	
Unrestricted Net Assets	47584
TOTAL NET ASSETS	47584
TOTAL LIABILITIES & NET ASSETS	51074

### **Mission Statement of the National Health Freedom Coalition:**

*To promote access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation*

# National Health Freedom Coalition gratefully acknowledges those whose gifts support our work, and our health freedoms.

January 1, 2010 – December 31, 2010

## **\$48,000 Matching Grant**

Dr. Clark Research Association

## **\$5,000 to \$8,000**

Samaritan Group, Becker  
Furniture World Foundation  
Truehope  
William L. Rand Company, Inc.  
Anonymous

## **\$1,000 to \$4,999**

Cal and Maureen Banyan  
Dave Carpenter  
Heartland Products, Inc  
Steve & Jerri Johnson  
Mastel's Health Foods, Inc.  
Anonymous

## **\$500 to \$999**

Dr. Phillip W. Burbutes  
Miranda Castro  
John and Diane Framsted  
Burton Goldberg  
Minnesota Homeopathic Association  
Newton Laboratories  
Kari Seaverson  
Ralph Wolf  
Anonymous

## **\$200 to \$499**

Bette Jo Arnett  
Margaret Bennett  
Janelle M. Bussert & Anita C. Hill  
California Health Freedom Coalition  
Geoffrey Clark  
Lori P Foley  
Homeopathy Center of Houston  
Ronald Kenmir  
Tedd Koren, D.C.  
John D. Laughlin, III  
Clinton Miller  
Diane M. Miller  
North American Society of Homeopaths  
Pam Prosser  
Craig Repasz  
Judith Steele  
Steve Taylor  
Walter Wainright

Michael Weber  
Christine West  
Anonymous

## **\$100 to \$199**

Carole Addlestone  
Vivien Bacaner  
Edna R. Bernstein  
Kathryn Blackburn  
Desiree Brazelton  
Tami Breidinger, RN  
Mary Brekke  
Marybeth Buchele  
Judy Buroker  
Linda Dietz  
Donald H. Dyall  
Barbara Ellrich  
Celeste Hackett  
Ann Herdina  
Mark L. Hoch, M.D., LLC  
Gina Inez, RS HOM (NA)  
Robert Irons  
Marta Johnson  
Mary B Johnson, RN  
Amy L. Lansky, TTEE  
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William Mears  
MaryLu Miller Peterson  
Chad Oler  
Niels Pedersen  
Howard Randall  
Cynthia Reed  
Marilyn L. Risnes  
Karina Roth  
Judith Sims  
Mary A. Spielberg  
Jeannine Stene  
Richard Stene  
Karen Stene-Finch  
Sally Tamplin  
Mary Ann Toohey  
Martha Wade  
Deborah Ward  
Anonymous

## **\$1 to \$99**

American Naturopathic  
Certification Board  
Lee Beaty  
Dawn E Bennett  
William L. Bennett  
Gayle Bowler  
Barbara Brockway  
Paul Bussert  
George Christen  
Jacqueline Dexter  
Caroline Elizabeth Eddy  
Barbara Ford  
Pamela Gerry  
Rickie Gill  
Arnold Gore  
Linda Hedquist  
Claiborne Holtzman  
Irving Johnson  
Martin Johnson  
Anne Johnston Smith  
Alice Kitzmann  
Jackie Krammer  
Stephanie Lee  
Barbara C Lemke  
Margaret Leutele  
Rhenand Mendoza  
Jacob Mirman  
Bob Modaff  
Sheila Parks  
Cynthia Pileggi  
Mary Alice Sell  
Amy Storbakken  
Kip Sullivan  
Ross and Carol Taylor  
Karen Willcox  
Matthew Wood  
Anonymous

## ***Our United Vision:***

***A healthy nation,  
with empowered people,  
making informed  
health care decisions***

# *National Health Freedom Coalition*

*An educational 501(c)3 non-profit organization*

*“promoting freedom of access to health care”*

*Our Vision: A healthy nation, with empowered people, making informed health care decisions.*

*Our Mission: To promote access to all health care information, services, treatments and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation.*

**Working nationally, internationally, and statewide to ensure your  
Health Freedom!**

**Join us and help us ensure your health care choices.**

[www.nationalhealthfreedom.org](http://www.nationalhealthfreedom.org)

## **National Health Freedom Coalition**

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